

Health Administration Survey for Prefectural Residents

Notice on 'Questionnaire for Pregnancy and birth survey'



Fukushima Prefecture
Fukushima Medical University

Notice to Fukushima's expectant & nursing mothers

The Fukushima Prefectural Government has commissioned Fukushima Medical University (FMU) to conduct the "Questionnaire for Pregnant Women & Nursing Mothers" as part of the Health Administration Survey for Prefectural Residents.

This questionnaire booklet is being distributed to:

- ① **Women who received a 'Maternal and Child Health Handbook' between August 1, 2010 and July 31, 2011 from a municipality in Fukushima Prefecture, and**
- ② **Women who received a 'Maternal and Child Health Handbook' from a municipality outside of Fukushima Prefecture within the period stated in ① above but who underwent an obstetric exam or gave birth after relocating or returning to Fukushima on or after March 11, 2011.**

The questionnaire booklet contains questions about your emotional and physical condition since the disasters so that we may help in providing health care to you and your baby. It is our hope that, by addressing the anxiety and stress you have experienced since the disasters, you will be able to live your life with a greater sense of security. The survey results will also be used to establish a maternal support system in order to provide Fukushima's expectant and nursing mothers with greater peace of mind in the future. There is also a comments/requests section at the end of the questionnaire where we invite you to provide details of any concerns you may have about your health or your baby's health.

After collection of the questionnaire:

- ① A nurse midwife will respond to any queries you might have about raising your child and giving birth.
- ② The Radiology Resident Health Care Center mentioned below might also contact you when support is deemed necessary based on your responses to the questionnaire.
- ③ Any technical medical questions will be addressed directly by a physician.

We look forward to hearing about your current condition so that we may assist you in leading a healthy and secure life.

If you have any questions about this survey, please contact the Radiology Resident Health Care Center at the telephone number listed below.

Have you submitted the Health Administration Survey for Prefectural Residents questionnaire form?

The survey results will be used as **important basic data** to estimate individual radiation exposure levels and **monitor the long-term health of Fukushima residents**, so please be sure to fill out and submit the survey form.



Inquiries:

- ◆ For questions about the '**Questionnaire for Pregnant Women & Nursing Mothers**', please contact:
Radiology Resident Health Care Center, Fukushima Medical University
Tel: 024-549-5180 (10:00 a.m. – 5:00 p.m., Mon–Fri; closed on weekends & public holidays)